

ii-k u-1

ug: ; pk dlnz l xBu

jM fju , DI id ifj; kstuk

xteLrjh; dk; bde eV; kdu ii-k

xte % ----- ftyk% ----- jkT; %-----

1- LFkkuh; I kLdfrd ny

❖ D; k LFkkuh; I kLdfrd ny Vu I kLdfrd ny ds igbus l sigys dk; bde LFky
ij miLFkr Fkh A

gkll ugha

; fn gkllgS rks

v- Vu okyh Vhe ds igbus l sigys LFkkuh; ny fdruh nj rd dk; bde iLrj

dj pph Fkh \ -----

c- LFkkuh; ny eafdrus l nL; Fks -----

❖ LFkkuh; ny }kjk fdl idkj dk dk; bde iLrj fd; k x; k -----

d- xhr@k; u

[k- ykduR;

x- ykd ukVd

?k- tknw

M+ vU; ; fn vU; (rks di ; k Li "V dj)-----

❖ D; k LFkuh; I k dfrd ny ds vfrfjDr fd l h vU; ny@; fDr us dk; De i Lr
fd; k A

gkll ugha

2- I puk@l ok dnz

❖ D; k dk; De LFky ij dkz I puk@l ok dnz cuk; k x; k Fk \

gkll ugha

; fn gkllgS rks %

v- I puk dnka dh l [; k -----

c- I puk dnka ds izkj LokLF; fodkl

ijke'kz vU;

❖ LokLF; dnka dk fooj.k %

• vlxUnpka dh l [; k %

• okrkzi pkj gsrqmi ; lx ea yk; k x; k ek/; e (gkll ugha)

▪ 0; fDrxr ckrphr@ijke'kz

▪ Nih gqz l kexh tS sip; iqlrdk

▪ J0; ,oa n' ; l kexh

❖ fodkl dnka dk fooj.k

- vlxUrpka dh I [; k %
- okrkzi pkj gsrqmi ; lxx ea yk; k x; k ek?; e (gkluha)
 - 0; fDrxr ckrphr@jke'kz
 - Nih gqz l kexh t9 sipj iqlrdk
 - J0; , oan' ; l kexh

❖ i jke'kz dnz dk fooj.k

- vlxUrpka dh I [; k %
- okrkzi pkj gsrqmi ; lxx ea yk; k x; k ek?; e (gkluha)
 - 0; fDrxr ckrphr@jke'kz
 - Nih gqz l kexh t9 sipj iqlrdk
 - J0; , oan' ; l kexh

❖ l puk dnz dsuke@z kj @ ok dnz dk fooj.kj ; fn dktz gks rks

- vlxUrpka dh I [; k %
- okrkzi pkj gsrqmi ; lxx ea yk; k x; k ek/; e gkluha
 - 0; fDrxr ckrphr@jke'kz
 - Nih gqz l kexh t9 sipj iqlrdk
 - J0; , oan' ; l kexh

❖ forfjr dh x; h l kexh dh I [; k -----

❖ vl; fdruh l l Fk vka (l epk; vk/kfjr l xBu] x\$ l jdkjh l xBu bR; kfn) l s l g; lxx i ktr gqk -----

3- iz/kueakh dk l ans k

D; k iz/kueah dk l an'sk Li"V : i l s ylska dks l qik; k x; k\

gkll

ugha

4- Vu l kldfrd ny

- Vu l kldfrd ny ds i gllus dk l e; -----
- Vu l kldfrd ny ds dk; bde dh vof/k -----
- dk; bde ds nlsku mi flFkr ylska dh l a; k -----
- Vu l kldfrd ny l s l oky i nus okys ylska dh l a; k -----

5- 'ki Fk

D; k l kldfrd dk; bde ds i 'pkr~l Hkh mi flFkr ylska dks 'ki Fk fnyk; h x; h\

gkll

ugha

6- l eng dfinr ppkz

- ppkz ds fy; s cuk; s x; s l engka dh l a; k -----
- D; k dksz efgyk l eng Fkk -----

7- iz uk&rjh

❖ D; k vke vkneh l s izu i ns x; s

; fn gka rks

- fdrus ylska us ml ea Hkkx fy; k -----
- fdrus izu i ns x; s -----
- , s ylska dh l a; k ftUgk us l gh mRrj fn; s vls ijLdkj ikr fd; s -----

❖ D; k dk; bē ds njsku dkbz LFkuh; i=dkj ekst m Fk\

gkll

ugha

; fn gkll rls ohfM; kv [kckj@vU; %

uke -----

I LFk -----

irk@kks -----

❖ D; k vkj-vkj-bz ehfM; k Vhe ekst m Fk \

ohfM; ks

lkks/ks

❖ D; k us; ; pk dlnz dh LFkuh; Vhe Hkh fdI h i=dkj fi v@ohfM; ks dks I kFk ykbz Fk \

uke -----

I LFk -----

irk@kks -----

❖ dkbz egRoiwkz jk"Vh; @kT; Lrjh; fof'k"V ykx@.kell; 0; fDr dk; bē ea vk, Fks \

uke -----

irk -----

fnukd -----

gLrk{kj -----

ikd dk uke -----

